

The Kingdom of Satan (Hell matrix) - Effects (THE PROBLEM)

The Kingdom you live in has an effect on your consciousness (Soul). The external reality carries energies that can distract you from finding your true self via negative Influences. I have listed the 4 Major effects the Matrix Empire has on you below...

CELL

- 1. Indoctrination** LEADS TO -> Limiting beliefs LEADS TO -> Brainwashed, Closed Minded & Cant Learn (Mind Prison)
- 2. Conditioning** LEADS TO -> Habitual programming LEADS TO -> Stuck in a Cycle (External Reality Prison)
- 3. Systematic Oppression** LEADS TO -> Social Constructs LEADS TO -> Alienation or Conformity (Social Prison)
- 4. Trauma** LEADS TO -> Defence mechanisms LEADS TO -> Uncontrollable emotion (Emotional Prison)

Paradigm

Psychological states

Behaviour

1. **Unauthentic**

LEADS TO ->

Facades/fake

LEADS TO ->

Lies/deceiving

2. **Victim**

LEADS TO ->

Hurt Person

LEADS TO ->

Hurting people

3. **Lack.**

LEADS TO ->.

Emptiness

LEADS TO ->

Chasing Material

Questionnaire

Prison Assessment

1. Are you closed minded, avoid learning new things or trying new experiences, or have certain beliefs around topics that stop or limit you from evolving/changing/growing/learning?

YES NO

Mind Prison

2. Do you have repetitive thoughts/action/intentions/experiences that make you feel stuck in a cycle and feel like your external experience in life is repetitive and change never comes internally or externally?

Reality Prison

3. Do you feel like you are a stereotype, feel confined to social pressure or norms, and don't feel like you belong or isolate yourself or conform in any way?

Social Prison

4. Have you had traumatic experiences in the past & not healed/delt with it fully, or feel lke you are hurt deep down and mask it with things and/or struggle controlling your emotions/reactions?

Spirit Prison

5. Do you feel like you are NOT 100% authentic & Feel like a victim to life instead of a creator of life, feel like you you Chase/Seek material (Desire possessions/partner/wealth/fame) to fulfil yourself?

EGO

Energy Block Assessment

6. Are you any of the following; **Poor Body Image, Feel Stuck, Financial Anxiety, Unstable, Insecure of Self, Low Libido/uncontrolled sexual impulses, Isolated, Lack Creativity, Fear/Anxiety, In Toxic Relationships, Feeling Powerless, Indecisive, Poor digestion, Aggressive, Unhealthy Competitive** Lonely, Struggle to Empathise, Guarded Heart, Holding Grudge, Shy, Timid, Talk First think later, Dishonest, Trouble Communicating, Can't Speak up **Uncertain, Lack Purpose, Narrow mindedness, Feel Lost in Life, Disconnect from Intuition, Dissociation, No Spiritual Side, Aimless, individualistic, Disconnected from Earth**

ROOT YES

SACRAL YES

SOLAR PLEXUS YES

HEART YES

THROAT YES

THIRD EYE YES

CROWN YES

If you have ticked 'Yes' to any of the above this means your Soul is currently: **UNCONSCIOUS 3D FALLEN PHYSICAL**

Fill out the Following...

1. MIND PRISON: What's Indoctrinated/Indoctrinating you? (School, Work, Relationship/Media/Religion/Group/Community) Identify what 'CELLS' you are in, within the Prison. (EG. A limiting belief is a thought or conviction that restricts your potential or ability to achieve something)

[REFER YOUTUBE@TRUISCK. SPIRITUAL PRISON BREAK PART 2: MIND PRISON](#)

2. REALITY PRISON: What's Conditioning you? (Addictions, Work, Media) Identify what 'CELLS' you are in, within the prison (eg. habitual program is a repeated pattern of thoughts or behaviours that become automatic over time)

[REFER YOUTUBE@TRUISCK. SPIRITUAL PRISON BREAK PART 1: REALITY PRISON](#)

3. SOCIAL PRISON: What's Oppressing you? (Groups, Religion, Stereotypes, Social Pressure) Identify what 'CELLS' you are in, within the Prison (EG.. Social constructs or stereotypes are beliefs or assumptions based on traits like race, gender, or age, Cultural Groups often oversimplifying or generalising them putting them in Boxes)

[REFER YOUTUBE@TRUISCK. SPIRITUAL PRISON BREAK PART 3: SOCIAL PRISON](#)

4. EMOTIONAL PRISON: What Has Hurt/Hurting you? (Bullying, Abuse, Un-fair treatment, Loss) Identify the 'CELLS' you are in, within the Prison (Eg. Trauma is a deeply distressing or disturbing experience that overwhelms an individual's ability to cope, often leading to lasting emotional, psychological, or physical effects.

[REFER YOUTUBE@TRUISCK. SPIRITUAL PRISON BREAK PART 4: EMOTIONAL PRISON](#)

The Kingdom of God (Heaven) (THE SOLUTION)

STEP 1: Find yourself : Assess The Kingdom's Effects, First identify the Mind , look at how the externally vibrations influence your internal vibrations and compare the things your engaging with against the version of yourself you want to be, and form the image in your mind of the highest version of yourself. The 'Higher Self' and Fix your Attention towards that & BE it.

ESCAPE ANY CELLS YOU ARE TRAPPED IN FOR EXAMPLE:

1.1 Overcome Limiting beliefs FIRST, Humble yourself, then, Seeking Truth, Knowledge & Wisdom with an open mind, talking to outside influences, Fact check yourself, Try to Prove yourself Wrong & Compare the beliefs against your 'Highest Self'

1.2 Overcome Habitual Programming by Increasing self awareness, Question your habits, Replace negative habits with positive ones, Wellness & Mindfulness Practices, Set Clear Goals, Use Affirmations, Journaling, Seek support for positive change, Subconscious reprogramming

1.3 Overcome Constructs by Recognising & Questioning Stereotypes, Redefine your identity, Assess the external influences influencing you, Set boundaries, Push yourself outside comfort zone, Try new experience (Spiritual Gatherings) Overcome fear of being seen or self doubt, Take calculated Risks, Drop beliefs around yourself, Care more about what you think of yourself than what others think of you. (Work to your own Standards not others & Set standards that frame Goals.

STEP 2: Know yourself: Once you have a clear vision & understanding of your 'Higher Self' start to identify and separate your intention/attention & actions that do not match this version of you, keep your focus on the higher part of you, understand it, how it thinks, judges, loves, works things out, communicates, expresses itself, preferences and consciously become this authentic version of you as *this is your SOUL & the creators intention of who you were made to be.*

Become Conscious of the multifaceted nature of your character, primarily the Duality & Polarity of the Lower (3D Fleshly) vs (5D Spiritual Self) & master & overcome your lower self.

STEP 3: Healing yourself: Now, you are mapping your Soul or 'Seeking the Inner kingdom' and have identified trauma, overcome it, you need to shine light on your darkness and Heal your Wounds Face on. Enter the darkness and remove your shadows.

Therapeutic Practices, Mindfulness and Meditation, Yoga and Movement, Energy Healing, Nature Therapy, Creative Expression, Nutrition and Physical Health, Support Groups, Alternative Therapies (Spiritual/Plant medicine/Sound Healing) Professional Help, Develop Self compassion, Establish Safety & Stability, Gratitude, Holistic Healing, Be Patient with self, Journaling, Conscious living, Clearing any Energy Blockages (Identified Chakras)

STEP 4: Loving yourself: Once you Find thyself, Know thyself & Heal thyself. You can be conscious of the Real you vs false you & commence a relationship with your Internal Soul. Cars, Money, Fame, Children, Partners, Sex, Food are all great! BUT, you **MUST NOT** put things above yourself & GOD. *(You and God go hand in hand as you are devine! Protect the connection & DO NOT SEVERE IT.*

Ways of loving yourself:

Practice Self-Compassion: Treat yourself with kindness, especially during difficult times, and avoid self-criticism, Remember the Future: Avoid dwelling on the past and blaming yourself for things that are done and dealt with, instead manifest brighter days and good times, Set Healthy Boundaries: Learn to say no and prioritize your needs, ensuring you protect your energy and well-being, Engage in Positive Self-Talk: Replace negative thoughts with affirmations and positive statements about yourself, Prioritize Self-Care: Make time for activities that nourish your body and mind, such as exercise, relaxation, and hobbies you enjoy, Cultivate Gratitude: Reflect on what you appreciate about yourself and your life, focusing on positive qualities and achievements, Surround Yourself with Support: Build relationships with people who uplift and encourage you, while distancing yourself from negativity, Embrace Imperfection, learn to appreciate your unique qualities and flaws, Pursue Personal Growth: Set goals that resonate with you and engage in activities that foster your interests and passions, Spend Time Alone . Enjoy your own company and engage in activities that bring you joy and fulfillment. Self Relationship: Treat yourself like someone you are responsible for looking after while constantly going inward through Mindfulness and Meditation: Practice being present and aware of your thoughts and feelings without judgment, which can enhance self-acceptance, and transmute energy to work for you, for example flipping anger into productivity & frustration into expression.

You are responsible for looking after yourself, The greatest Gift God gives YOU is YOU. You belong to yourself, the only person who truly is in this world responsible for you. IS YOU. Everyday, every second you must be there, for yourself. You must Love & Care for SOUL.

GOAL: TO RE-AWAKEN TO THE 5D CREATOR CONSCIOUS (SPIRITUAL PARADIGM) RECONNECTED TO THE DEVINE.
watch my Consciousness revolution Videos for more information.

WARNING: If your Consciousness has witnessed this document it is imprinted on your Akashic Record. (Life Data Storage)

If you have lied to yourself & God by ignoring the Wisdom / Knowledge on this Soul Assessment - By ignoring the guidance presented in this Soul Assessment, you are not only deceiving yourself, but also defying the will of the Divine. In doing so, you are rejecting your final opportunity to return to the Light, sealing your fate in darkness and spiritual oblivion. Know & Understand that God doesn't just see your actions but knows your attention & Intentions too.